

### **November 2025 Newsletter**

20 years of Funding and Facilitating International ME research

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#### **Summer Students 2025**

In February 2025 we announced, in collaboration with the Quadram Institute at Norwich Research Park, the Invest in ME Research Summer Student Bursaries for 2025.

Paige, Mya and Tay were the successful candidates.

Following their six week stay with Quadram we asked them write about their experiencaes working with the team at the Centre. Below they have shared their experiences.

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# Young EMERG Workshop Vienna

The next in the series of Young EMERG International ME Workshops has been arranged for Vienna, Austria.

Another unique gathering tailored for young and early career researchers, and medical students, passionate about advancing research into ME, or interested in understanding more about this disease.

The event will take place on 27-28 November 2025 at the Medical University of Vienna.

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### **IIMER's YE Workshop Grants**

Invest in ME Research is further supporting the Young EMERG group by providing grants to cover hotel expenses for some delegates attending the forthcoming Young EMERG International ME Workshop in Vienna.

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### **Briefing for Parliament Debate**

Although not directly informed of a debate taking place in parliament on 19 November regarding ME, the charity did learn of this event.

We have submitted the following briefing document in order to provide a realistic assessment of the UK environment and hope that it will be taken into account by the MPs.

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Virus infection and reactivation and the gastrointestinal



# microbiome in myalgic encephalomyelitis

Dr Rik Haagmans is one of the researchers funded by Invest in ME Research.

Rik recently completed his project and, with the Quadram Institute, applied to the Dutch ZonMW agency for a recent round of awards for research as part of the ongoing Dutch strategy in their 10 year plan for research into ME.

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# **International ME Conference Week 2026**

#### 20 years of international ME research

Registration for researchers is open for our fifteenth Biomedical Research into ME Colloquium on 27-29 May 2026.
#BRMEC15 is the event name

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## Young EMERG Workshop UK '26

Another event in International ME Conference Week 2026 is the Young EMERG workshop. This will be held over two days - 25-26 May. Registration for the workshop is now open

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# 4th UN High-Level Meeting on NCD

At the 4th UN High-Level Meeting on Noncommunicable Diseases EMEA called for the inclusion of Myalgic Encephalomyelitis in the implementation of the Political Declaration. By aligning with the principles of equity and multisectoral action, the inclusion of ME allows for concrete steps that empower governments, health agencies, and civil society to deliver the urgent support and care that people with ME have long been denied.

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### **Supporting IIMER**



#### Mike's European Marathons

Mike Harley completed yet another marathon in October - this time the Skopski Maraton in Macedonia (which was Country number 34, Marathon number 38)

Mike's race report is available here.

Mike is planning more marathons - the Sarajevo Marathon in Bosnia on April 26th, and then Iceland in August.

Even this incredible effort is not enough - Mike is looking at marathons in Albania, Moldova, Andorra, San Marino, Faroe Islands, Scotland, Wales - and England.

Mike's Justgiving page is here - <a href="https://www.justgiving.com/mikeseumarathons">www.justgiving.com/mikeseumarathons</a>

All funds raised are directed to funding or facilitating biomedical research into ME.



Invest in ME Research is a charity of volunteers - but working continuously to improve the research, treatment and perception of myalgic encephalomyelitis (ME). We welcome support to continue our efforts to advance research and European and international collaboration into this disease



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